

WAX RECOMMENDATION



Langlauf 10K Classic Ski Race

Mt. Spokane State Park, near Spokane, WA

Sunday, February 8

11 A.M.

Wave start

1 loop

Forecast/Conditions: Saturday night low of 25, mostly cloudy. Race time temp of 34. There is a 20 percent chance of light snow in the morning with little accumulation. Snow will be mostly granular with some new snow mixed in.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red/HF Yellow mixed 1:1, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad. Old JetStream Moly will also work well, due to dirt in the snow.

Gripwax: Roughen base with 100 grit sandpaper, iron in Carbon Klister Base Green, let cool. Then apply Carbon Klister MultiViola. Check at the Fitness Fanatics/TOKO tent for updated grip wax recommendation.

Structure: A universal grind covered by one pass with the fine-linear wheel of a TOKO structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.