

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## TD Banknorth TAMC Eastern Cup Classic Opener

Nordic Heritage Center, Presque Isle, ME

Sunday, December 16, 2007

Classic 10K for men. All others 5K. 10 AM J2

Boys, 10:30 J2 Girls, 11 AM Women, Noon Men.

15 second interval start.

Forecast/Conditions: **Saturday Night**... Mostly cloudy. A chance of snow after midnight. Lows around zero... **Sunday** ... A chance of snow in the morning...then snow likely in the afternoon. Highs 15 to 20

Glidewax: Apply LF Moly scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Moly, and polishing well with a dedicated nylon polishing brush, and a final buff from a thermopad. HelX Cold would make an excellent alternative to JetStream.

Gripwax: Lightly sand the kick zone with 180 grit sandpaper. Apply and heat in a thin layer of Base Green. Cover with 2 or more layers of Blue. Cork smooth.

Structure: A fine to a fine-linear stonegrind will best suit these conditions.

**Racing - Service**

---

Check the Waxtip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information.

The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (HelX, JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red, Blue). Additionally, for those who do not have a rotocork (for applying JetStream), this step can be replaced by vigorously corking with a dedicated Plasto Cork at the expense of durability.