

WAX RECOMMENDATION



Mt. Hor Hop - Updated!

Mt. Hor, Westmore, VT

Saturday, Dec. 31

Noon

5K Women, 10K Men, Skate

Interval Start

5K lap

<http://www.mstf.net>

Forecast/Conditions: Overnight low 25 with a 70 percent chance of snow and sleet. Snow temperature at start near 30. Wet snow with a 70 percent chance of sleet and rain during the race.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red/HF Yellow mixed 1:1, scrape and brush. Finish by rotocorking JetStream Yellow, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: A universal grind covered by one pass with the Yellow Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.