

WAX RECOMMENDATION



Syracuse Biathlon at Osceola

Osceola Tug Hill Ski Center, Osceola, NY

Saturday, January 21

9 A.M. Zero, 10 A.M. Start

10K Men, 7.5K Women and Juniors

Interval Start Sprint Format

2.5K Loops

<http://nybiathlon.org/blog/>

Forecast/Conditions: Overnight low of 13, temperature at start 20, packed powder. A 50 percent chance of snow overnight with a 40 percent chance of snow Saturday.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: A Universal Grind covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.