

# WAX RECOMMENDATION



## New Years Resolution Day Race

McCauley Mountain Ski Center, Old Forge, NY

Sunday, January 1

9 A.M. Zero, 10 A.M. Start Biathlon 7.5K Sprint

Noon 5K Skate, BKYSL to follow

Interval Start for all races

[nybiathlon.org/blog/](http://nybiathlon.org/blog/) and

[www.nyssranordic.com/xc\\_2009xcsched\\_detail.htm](http://www.nyssranordic.com/xc_2009xcsched_detail.htm)

**Forecast/Conditions:** Overnight low of 19, temperature at the start of the biathlon race 25 warming throughout the day to a high of 35. There is a 50 percent chance of snow Saturday night.

**Glidewax:** Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

**Structure:** A Universal structure covered by one pass with the Red Structurite tool (before JetStream application) will best suit these conditions.

**Racing - Service**

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).