

WAX RECOMMENDATION



Craftsbury Marathon

Craftsbury, VT

Saturday, January 30

9 A.M.

25K/50K Classic

Wave start, 7 waves

25K - 2 loops, 50K - 4 loops

Forecast/Conditions: Friday night low -8F, cloudy. Saturday high in the low teens, sunny. Snow temperature at the start should be in the single digits warming to low teens. The surface will be hard and icy with some new snow in the tracks. Use stiff skis if you have them.

Glidewax: Apply LF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Then apply HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Heat in a **thin** layer of Carbon Klister Base Green and cool. Make sure the binder is tacky before applying the next layer. Check the TOKO easel Friday at registration or at the start Saturday morning for the final layer and updates.

Structure: A fine linear grind covered by one pass with the Blue TOKO Structurite tool (old fine-linear wheel) before JetStream application will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service