

WAX RECOMMENDATION



Lake Placid NorAm Biathlon

Lake Placid, NY

Friday, February 12

10 A.M.

10K Men, 7.5K Women

Interval Start

3 Laps

Forecast/Conditions: Overnight low 7 F, temp at start 15, packed powder, cloudy, possible light precipitation during race.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: A fine linear structure covered by one pass with the fine-linear wheel of a TOKO structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.