

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Vermont State High School Championships

Mt Top Inn and Resort, Chittenden, VT

Thursday, March 5

10:30 A.M., Classic 5K

15 second interval start, 2.5K loop with an A climb

1:30 P.M., Classic Relay, 2K laps

Forecast/Conditions: Wednesday night, mostly clear with a low around 9F. Thursday, starting sunny with clouds increasing, high of 29. North wind between 3 and 6 mph. Precipitation predicted to come in after the events. There is a good hard base with several new inches that fell Monday.

Glidewax: Iron on LF Moly, scrape and brush. Iron on HF Blue (morning) or HF Red (relay), scrape and brush. Finish by rotocorking JetStream Blue (morning) or JetStream Red (relay), brush with a dedicated nylon polishing brush and buff with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Due to the hard base, some may want Carbon Klister Base Green for added durability. This can make slower skis. For covers, we will be testing Carbon GripWax Mint, White and Blue in the morning. In the relay, we will probably be testing Carbon Viola and Red.

Structure: No additional structure in the morning. In the afternoon, we will wait to see if there is moisture in the tracks.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.