

WAX RECOMMENDATION **TOKO**[®]

Vermont State High School Championships

Trapp Family Lodge, Stowe, VT

Monday, March 2

10:30 A.M. 5K Skate, Interval start

5K loop with two A climbs

1:30 P.M. Relay, Skate, 2K laps

Forecast/Conditions: Sunday night low 5F with 20 percent chance of snow showers. Monday high of mid 20s with 30 percent chance of snow showers. Cloudy. Snow temp will be low teens at 10:30 A.M. and high teens at 1:30 P.M.

Glidewax: Iron on LF Moly, scrape and brush. Iron on HF Blue for the skate race, HF Blue/HF Red mixed 1:1 for the relay. Scrape and brush and finish by rotocorking JetStream (Blue for skate race, Red for the relay), brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: N/A

Structure: Use a fine grind or 2 passes of the fine linear Structurite Tool after the HF wax and before applying the JetStream.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.