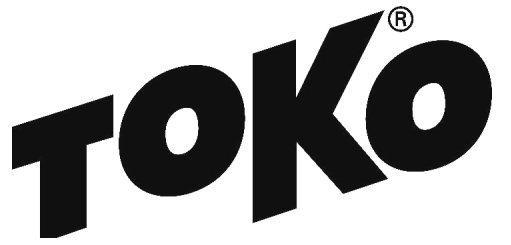


WAX RECOMMENDATION



TD Banknorth Silver Fox Trot

Oak Hill, Hanover, NH

Saturday, February 21

11 A.M., J2 Boys/Girls 5K

11:30 A.M., Men 10K

1 P.M., Women 10K

Skate

Interval start every 15 secs

5K loop

Forecast/Conditions: Friday night, mostly cloudy, low 15 F.

Saturday, partly sunny, high 33. Snow temp will be high teens warming to mid 20s by noon. Hard, granular base.

Glidewax: Iron on LF Moly, scrape and brush, then iron on HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: NA

Structure: Universal structure will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service