

WAX RECOMMENDATION



TD Banknorth Rumford Eastern Cup

Black Mountain of Maine, Rumford, ME

Sunday, January 18

10 A.M. J2 Boys, 10:30 A.M. J2 Girls

11 A.M. Women, 11:30 A.M. Men

5K J2, 10K Women, 15K Men

Classic, seeded mass start

1 loop for J2, 2 loops all others

No Day-of Registration!

Forecast/Conditions: Overnight low of -4 F, cloudy, chance of snow. High of 17 on Sunday with partly cloudy skies and chance of snow. Fresh, dry powder snow. Snow temperatures very cold.

Glidewax: Iron in LF Moly/LF Blue mixed 1:1, scrape and brush. Apply HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by hand-corking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in thin Carbon BaseWax Green, cork smooth, let cool. Apply 2 or 3 layers of Carbon GripWax Mint. Cork smooth.

Structure: Use a grind with a fine linear structure or do one pass with the fine-linear wheel of a TOKO structurite tool (before JetStream application).

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service