

# WAX RECOMMENDATION



## TD Banknorth Rumford Eastern Cup

Black Mountain of Maine, Rumford, ME

Saturday, January 17

1K Skate Sprint

10:30 A.M., all Men then all Women.

1:30 P.M. heats

Interval start for qualifier, 6-skier heats

1 loop, 400 racers

Forecast/Conditions: Overnight low of -13 F, cloudy, chance of snow. High of 12 on Saturday with partly sunny skies. Fresh, dry powder snow. Snow temperatures very cold.

Glidewax: Iron in LF Moly/LF Blue mixed 1:1, scrape and brush. Apply HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by hand-corking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: Use a grind with a fine linear structure or do one pass with the fine-linear wheel of a TOKO structurite tool (before JetStream application).

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service