

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Lake Placid Loppet

Olympic Sports Complex Cross Country Lodge, Lake Placid, NY  
Saturday, February 7

50K/25K Classic, 9 A.M./9:15 A.M.

50K/25K Skate, 10 A.M./10:15 A.M.

Wave start

Forecast/Conditions: Low of 3F Friday night and a high of 38 Saturday. Chance of snow showers starting after 1pm. Expect packed powder conditions.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush with copper and then horsehair brushes. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermo pad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Expect to apply several layers of Carbon GripWax Blue, corking between layers. 50K skiers might want to first put a few layers of Carbon Viola under the Blue so it comes out later in the race. Later finishers need to carry Carbon Red with them.

Structure: Fine linear stonegrind or one pass with the Toko Structurite on fine linear grind will best suit these conditions.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.