

WAX RECOMMENDATION **TOKO**[®]

TD Banknorth Eastern Cup SuperTour

Trapp Family Lodge, Stowe, VT

Saturday, February 7

10 A.M. Women, J2 girls, 5K

11:45 A.M. J2 Boys, 5K

12:15 P.M. Men, 10K

Skate

Interval start

Forecast/Conditions: Friday night low 9 F. Saturday high of 37 with 30 percent chance of snow or rain showers after 1 P.M. Snow temp will be single digits in the morning warming throughout the day.

Glidewax: Iron on LF Moly, scrape and brush. Iron on HF Blue for Women and J2 boys. For Men, iron on HF Red, scrape and brush. Finish by rotocorking JetStream (Blue for women and J2 boys, Red for Men), brush with a dedicated nylon polishing brush, and polish with a thermopad.

Structure: For Women/J2s, a cold grind will work best. For Men, use a Universal grind or 2 passes of the fine broken Structurite Tool after the HF wax and before applying the JetStream.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service