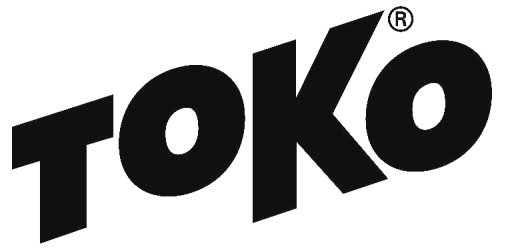


WAX RECOMMENDATION



TD Banknorth Eastern Cup

Trapp Family Lodge, Stowe, VT

Sunday, December 21

Freestyle

5K (1 loop), 10:30 start J2s and Women

10K (2 loops), Noon start for Men

Interval Start! (15 second intervals)

Forecast/Conditions: Saturday night, mostly cloudy with a low around -9F. Sunday, chance of snow, mostly cloudy with a high near 14. Snow will be cold, dry powder. Using new racing trails. Hilly terrain, mostly in the woods.

Glidewax: Iron on LF Moly/LF Blue mixed 1:1, scrape and brush. Iron on HF Blue, scrape and brush out well. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush, and buff with a thermopad.

Structure: Fine stonegrind or one pass with Toko Structurite on Fine Linear before ironing in the HF layer.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.