

WAX RECOMMENDATION **TOKO**[®]

Holiday Relays

Troll Hollow, Dresser, WI

Saturday, December 22, 2007

High School Relays – all races 4X3Km

9:30AM Girls Classic, 10:45AM Boys Classic

Noon Girls Skate, 1:00PM Boys Skate

Forecast/Conditions: Thaw/freeze cycles Thursday and Friday. **Friday Night:** Forecasted low in the lower 20's, snow likely.

Saturday: Chance of snow during the races, with temperatures ranging from 20-25.

Glidewax: Apply LF Moly scrape and brush, then HF Red, scrape and brush. Finish by rotocorking (JetStream Moly for skate race and Jet Stream High Speed for the classic) polishing well with a dedicated nylon polishing brush, followed by a thermo pad or dual pad.

Gripwax: Sand kick zone lightly with 150 grit sandpaper. Apply Toko Base Green, heat and spread with a synthetic cork. Cover with 2-3 layers of Toko Carbon Blue. Those needing extra kick or starting later may wish to use Carbon Viola. If the tracks glaze you may wish to switch to Carbon Yellow.

Structure: A universal stonegrind will best suit these conditions.

Racing - Service

Check the Waxtip page at www.TokoUS.com before all of your races for the latest waxing information.

The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (Helix, JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red, Blue). Additionally, for those who do not have a rotocork (for applying JetStream), this step can be replaced by vigorously corking with a dedicated Plasto Cork as the expense of durability.