

WAX RECOMMENDATION



Wausau JNQ

Greenwood Hills Country Club, Wausau, WI

Sunday, December 18

1K Classic sprints

9 A.M. Qualification rounds

11:30 A.M. Heats begin

<http://knickernordic.org>

Forecast/Conditions: We expect a firm manmade snow pack with heavily transformed crystals. Saturday evening temperature is expected to dip into the low 20s, rise to the mid-20s for the qualification round and settle into the low 30s for the heats. Expect calm wind and mostly sunny skies.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush, then apply HF Blue/HF Red mixed 1:1, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad. We are mixing in Blue to harden the bases for the manmade snow.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply layers of Nordic GripWax Red, corking between layers. As the snow temperatures warm and the tracks glaze you may wish to switch to Nordic GripWax Yellow.

Structure: A universal grind covered by one pass with the Red Structurite tool followed by one pass of the Blue Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.