

# WAX RECOMMENDATION



## Twin Cities Championships

Green Acres, Lake Elmo, MN

Saturday, December 31

10 A.M.

10K classic, four laps

Wave Start

<http://tcchamps.com>

**Forecast/Conditions:** Expect up to a couple inches of snow, rain and temperatures oscillating above and below freezing between now and race day. Friday evening low temperature in the high 20s rising to near freezing by race time. Expect this course of primarily manmade snow to start firm and deteriorate into sugar snow shortly into the race.

**Glidewax:** Apply LF Moly/LF Blue mixed 1:1, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad. We are mixing in LF Blue and using HF Blue rather than Red in these temperatures to combat the aggressiveness and dirt usually found in manmade snow.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green into the klister zone, cork smooth, let cool. Then apply additional thick layers of Nordic Base Wax Green, corking between layers.

**Structure:** A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application).

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).