

# WAX RECOMMENDATION



## Peter Westra Memorial Sprints

Troll Hollow (at Trollhagen), Dresser, WI

Friday, December 9

4:30 P.M.

1K skate sprint - time trials then heats

[www.skinnyski.com/racing/display.asp?Id=24114](http://www.skinnyski.com/racing/display.asp?Id=24114)

**Forecast/Conditions:** Early Friday morning temperature will be near zero F rising into the mid-teens by mid-afternoon before beginning to drop to 10 near the time of the final sprints. The course is one kilometer of mostly manmade snow and should be in excellent condition. Expect a medium packed course to begin, which will soften somewhat after being skied in by 200 skiers during this event.

**Glidewax:** Apply LF Moly, scrape and brush, then apply LF Blue, scrape and brush. Finish by polishing with a soft nylon brush. As an alternative to LF Blue, apply System 3 Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. (Please note that for most Minnesota High School races this season we will not be recommending the use of HF wax, JetStream or Helx. If you wish to use these waxes stay with the same colors recommended above.)

**Structure:** A fine linear structure covered by one pass with the Blue Structurite tool after the final layer of wax will best suit these conditions.

**Racing - Service**

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).