

# WAX RECOMMENDATION



## SMU 10K Classic Ski Event

St. Mary's University Trails, Winona, MN

Sunday, January 29

10 A.M. 10K Classic mass start -- 2 laps

1 P.M. 10K Freestyle mass start -- 2 laps

[www.saintmaryssports.com/documents/2011/12/16/smu10K-egistration-form-12.pdf?id=1252](http://www.saintmaryssports.com/documents/2011/12/16/smu10K-egistration-form-12.pdf?id=1252)

**Forecast/Conditions:** Saturday evening low temperature near 10 rising into the mid-teens for these races. Sunny with a slight breeze. The racing surface should be firm, with up to two new inches of snow forecast to arrive Friday afternoon.

**Glidewax:** Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply layers of Nordic GripWax Blue, corking between layers. Those desiring more kick should substitute Nordic GripWax Red for Blue.

**Structure:** A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

**Racing - Service**

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).