

WAX RECOMMENDATION



Marine/O'Brien Ski Race

William O'Brien State Park, Marine on St. Croix, MN

Sunday, January 29

10:30 A.M. 25K/12.5K Classic

11 A.M. 25K/12.5K Skate

12.5K loop

www.skinnyski.com/racing/forms/2012/marineobrien.pdf

Forecast/Conditions: Saturday evening low in the mid-single digits F rising into the high teens during the races. Snow cover is thin, and will remain thin even if the predicted 1 inch snowfall occurs on Friday. Use your "b" skis.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply layers of Nordic GripWax Blue, corking between layers.

Structure: A universal grind covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.

Racing - Service