

# WAX RECOMMENDATION



## Holiday Relays 2011

Troll Hollow at Trollhaugen, Dresser, WI

Saturday, December 17

9:30 A.M. Girls Classic 4x3K

10:45 A.M. Boys Classic 4x3K

Noon Girls Skate 4x3K

1 P.M. Boys Skate 4x3K

**Forecast/Conditions:** We expect a firm manmade snow pack with heavily transformed crystals. Friday night's low is expected to get down to the high teens. Temperature for the classic races is expected in the low to mid-20s, and in the upper 20s for the skate races. Expect partly sunny skis.

**Glidewax:** Apply LF Moly/LF Blue mixed 1/1, scrape and brush, then apply HF Red/HF Blue mixed 1/1, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad. (We are mixing in blue to harden the bases for the manmade snow.)

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, smooth, let cool. Then apply Nordic Klister Red, smooth, let cool. After the klister hardens, lightly cork in 1 layer of Nordic GripWax Red over the klister.

**Structure:** A universal grind covered by one pass with the Red Structurite tool before JetStream application will best suit these conditions.

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).

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