

WAX RECOMMENDATION



Midwest JOQ, High School, Citizen Race

Mt. Itasca, Coleraine, MN

Sunday, January 17

5K/10K Classic

9:30 A.M. J1, OJ and Citizen

10:30 A.M. J2 and High School

Interval start

1 or 2 laps

Forecast/Conditions: Expect a freshly groomed hardpack of transformed snow. Much less manmade snow in the mix this year than in a typical year for this venue. Saturday evening low in the high teens with race temperature in the low 20s. Slight breeze from the northwest and partly sunny.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Then apply layers of Carbon GripWax Viola, corking between layers. Later skiers, who are on glazed tracks, may wish to use Carbon GripWax Yellow.

Structure: A universal grind covered by one pass with the Red TOKO Structurite tool (old medium offset wheel) before JetStream application will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service