

# WAX RECOMMENDATION



## MN High School Section 8

Camp Ridley, Little Falls, MN

Wednesday February 3, 2010

Pursuit: 5K Classic/5K Skate

Classic: 10 A.M. Boys; 11 A.M. Girls

Skate: 1:30 P.M. Boys; 2:30 P.M. Girls

Forecast/Conditions: Expect hard pack and icy conditions.

Tuesday night low near zero. Temperature during morning races near 10. Temperature during the afternoon races in the high-teens.

Partly sunny and calm.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brushing with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon Base Wax Green, cork smooth, let cool. Apply Carbon Klister Base Green. Cover klister with GripWax White. For skiers starting after tracks glaze cover klister with GripWax Yellow.

Structure: A universal grind covered by one pass with the Blue TOKO Structurite tool (old fine-linear wheel) before the HF Blue application will best suit these conditions.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.