

WAX RECOMMENDATION



Shell Lake Sprint

Red Barn Ski Trails, Shell Lake, WI

Sunday, March 7

Skate

1:30 P.M./1:50 P.M. 2K Elite Men/Women Sprint

2 P.M. 2K HS Sprint

2:20 P.M. 2K Youth/Casual Sprint

2:50 P.M./3:10 P.M. 5K Elite Men/Women Sprint

3:20 P.M. 5K HS Sprint

3:40 P.M. 5K Youth/Casual Sprint

Forecast/Conditions: Several freeze/thaw cycles during the last week will continue through race day. Saturday's afternoon temperature is expected to be in the low 40s with mostly cloudy skies and a 30 percent chance of freezing rain during the race.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Yellow/HF Moly mixed 1:1, scrape and brush. Finish by rotocorking JetStream Yellow, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: N/A

Structure: A wet grind covered by one pass with the Yellow TOKO Structurite tool (old course offset wheel) before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.