

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## West Itasca Xmas Time Trial

Rainbow Resort, Waubun, MN

Sunday, December 28

9 A.M.

5K, 15K and 30K freestyle and classic

Mass Start

Forecast/Conditions: Temperatures Saturday evening near zero. Race temperatures within a couple degrees of zero. Existing base of 7-8 inches of very dry snow. Expect loose snow, especially on uphill, and classic tracks to be occasionally unstable.

Glidewax: Apply a mixture of LF Moly/LF blue, scrape and brush, then apply HF blue, scrape and brush very well. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon BaseWax Green. Apply 4-6 layers of Carbon GripWax Mint. If tracks show some instability, apply two layers of Carbon GripWax Viola or Red as a cushion under the last two layers of Mint. The cushioning layers should go from under the ball of the foot to 3-4 inches in front of the binding.

Structure: A cold grind and cold flex ski will best suit these conditions.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.