

WAX RECOMMENDATION **TOKO**[®]

Minnesota Valley Sprints JOQ

Theodore Wirth Park, Minneapolis, MN

Sunday, December 21

800m freestyle sprint

9 A.M. Qualifiers

11 A.M. Heats

Forecast/Conditions: Temperatures Saturday evening expected to drop to the mid-single digits, maintaining those temperatures during the race period. Northerly wind of 15 mph expected, snow likely Saturday evening and a chance of snow during the race. This single loop course is on the 10th fairway, featuring a large hill. The entire course is a hard thin base after last weekends warm up, covered by natural and man-made snow. Snow will be packed between now and race time, possibly tilled if sufficient snow cover.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush. Drip HF Blue on the ski, sprinkle Nordlite X-cold Powder over it, and iron them in together. Scrape and brush well. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush, and buff with a thermopad.

Structure: A Cold Universal stonegrind or one pass with Toko Structurite Fine Linear before ironing in the HF layer will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service