

WAX RECOMMENDATION **TOKO**[®]

CXC Supertour at Mt. Itasca

Mt. Itasca in Coleraine, MN

FIS SuperTour, Midwest JOQ, CCSA Collegiate, HS & Citizens
Sunday, January 25

Noon

10K Skate (5K for J2, HS and younger)

Interval start, 5K loop

Forecast/Conditions: Expect a rock-solid base covered with transformed, primarily natural snow. The only places man-made snow is mixed in is on the downhills. Saturday night low of -20. Sunday mostly sunny, with race temperatures ranging from -5 to zero F.

Glidewax: Apply LF Blue scrape and brush. Apply a LF Blue/LF Moly mixed 1:1, scrape and brush. Apply a HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: A cold stonegrind will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.