

# WAX RECOMMENDATION



## MN High School Section 3

Battle Creek - Wintrop, St. Paul, MN

Tuesday, February 3

Pursuit race: 5K Classic and 5K Skate

Classic: 10 A.M. girls, 11 A.M. boys

Skate: 2 P.M. girls, 3 P.M. boys

Forecast/Conditions: With the recent thaw/freeze weather expect hard packed, icy conditions, with icy or glazed tracks. Monday night low -2F. Temperatures during morning around 5F. Temperatures during the afternoon races around 10. Sunny and calm. A 20 percent chance of snow Monday evening.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Apply Carbon Klister Viola. If it snows Monday evening, cover klister with Carbon GripWax White.

Structure: Universal or cold grind will best suit these conditions.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.