

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## **CXC Supertour at Mt. Itasca**

Mt. Itasca in Coleraine, MN

FIS SuperTour, Midwest JOQ, CCSA Collegiate, HS & Citizens  
Saturday, January 24

Noon

10K Classic (5K for J2, HS and younger)

Interval start, 5K loop

Forecast/Conditions: Expect a rock-solid base covered with transformed, primarily natural snow. Some man-made snow is mixed in is on the downhills. Friday night low of -16 and windy. Saturday, mostly sunny with temperatures peeking at zero and wind chills of -20.

Glidewax: Apply LF Blue scrape and brush. Apply a LF Blue/LF Moly mixed 1:1, scrape and brush. Apply a HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon BaseWax Green, cork smooth, let cool. Apply several layers of Carbon GripWax Mint. For those needing more kick, use Carbon White.

Structure: A cold stongrind will best suit these conditions.

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

**Racing - Service**