

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## **ABC Invitational Relays**

Bunker Hills Regional Park, Coon Rapids, MN

Saturday, January 17

10 A.M. Boys; 11:30 A.M. Girls

4 X 3K Relay – 2 classic and 2 skate legs

Mass Start – single loop per skier

Forecast/Conditions: Expect a hard packed course of abrasive snow. Mostly cloudy conditions with race time temperatures in the low teens. Chance of snow early Saturday morning. Friday evening lows in the high single digits, up from -20 earlier on Friday.

Glidewax: Apply LF Blue/LF Moly mixed 1:1, scrape and brush. Then apply HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon BaseWax Green, cork smooth, let cool. Apply several layers of Carbon GripWax White. For those who desire more kick, use Carbon Blue.

Structure: A cold or fine linear structure covered by one pass with the fine-linear wheel of a TOKO structurite tool before the HF Blue application will best suit these conditions.

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

**Racing - Service**