

WAX RECOMMENDATION **TOKO**[®]

West Itasca Xmas Time Trial

Rainbow Resort, Waubun, MN

Friday, December 26

1 P.M.

5K, 15K and 30K freestyle and classic

Mass Start

Forecast/Conditions: Chance of snow Thursday evening through race time. Temperatures Thursday evening in the high teens, warming into the low 20s during the race. Existing base of 7-8 inches of very dry snow. Expect loose snow, especially on uphill, and classic tracks to be occasionally unstable.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon BaseWax Green. Apply 4-6 layers of Carbon GripWax Viola. If tracks show some instability, apply two layers of Carbon GripWax Red or Yellow as a cushion under the last two layers of Viola. The cushioning layers should go from under the ball of the foot to 3-4 inches in front of the binding.

Structure: A fine linear structure, covered by one pass with the fine-linear wheel of a TOKO structurite tool (before JetStream application) will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service