

WAX RECOMMENDATION



Rainbow Resort West Itasca Opener/JOQ

Rainbow Resort, Waubun, MN

Saturday, January 3

1.5K Classic sprint, 9:30 A.M. qualifiers, Noon heats

5K Classic, 11 A.M., for Citizen, Open, Collegiate

Interval start

Forecast/Conditions: Expect hard packed, dry, abrasive snow. Unlike other Midwest venues, Rainbow does not have an icy base under the recent snowfalls. Friday evening lows and start of race temperatures near 10, but expected to rise to low teens by conclusion of sprint heats. 50 percent chance of snow during races.

Glidewax: Apply LF Moly/LF Blue mixed 1:1, scrape and brush. Drip HF Blue on the ski, sprinkle on Nordlite Powder XCold and iron them together. Scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, let cool. Apply several layers of Carbon GripWax White. During 5K race and heats, Carbon GripWax Blue might be needed as the temperature rises.

Structure: A fine linear structure, covered by one pass with the fine-linear wheel of a TOKO structurite tool before JetStream application, will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service