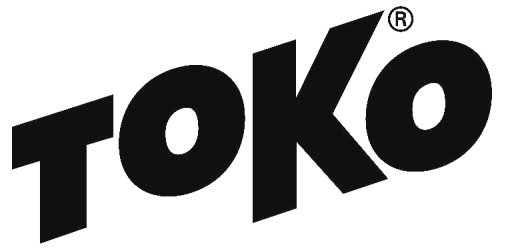


WAX RECOMMENDATION



Irondale Rice Creek Classic (SKATE!)

Irondale High School trails, New Brighton, MN

Thursday, January 1

10 A.M. mass start

6K SKATE! high school, 9K SKATE! Open

3K loop

Forecast/Conditions: New snowfall Tuesday, course will be groomed late Wednesday. Wednesday night lows in the high single digits with race time temps in the low teens. There is a 60 percent chance of snow beginning Thursday morning prior to start.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush, and polish with a thermopad.

Gripwax: N/A

Structure: A fine linear structure, covered by one pass with the fine-linear wheel of a TOKO structurite tool before the JetStream application, will best suit these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service