

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## **Last Ditch Switch**

Elm Creek Park Reserve, Maple Grove, MN

Sunday, March 15

9 A.M.

10K Duathlon: 5K Classic, 5K Skate

Forecast/Conditions: Expect a machined track with a mixture of transformed and new snow from snowfall earlier in the week. Expect possible thin/dirty areas with temperatures Saturday afternoon into the mid-40s. Saturday night's low is expected to be around 27, with race time temperature around 30.

Glidewax: Apply LF Moly, scrape and brush. Then apply HF Moly/HF Red mixed 1:1, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Carbon BaseWax Green, cork smooth, let cool. Then apply several layers of Carbon GripWax Yellow, corking between layers.

Structure: A Warm Universal Structure will best suit these conditions.

**Racing - Service**

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.