

# WAX RECOMMENDATION



## **Pole, Pedal, & Pant Winter Triathlon**

Elm Creek Park Reserve, Maple Grove, MN

Saturday, March 14

9 A.M.

10K Ski, 7K Bike, 7K Run

Forecast/Conditions: Expect a machined track with a mixture of transformed and new snow from snowfall earlier in the week. Friday night's low is expected to be in the upper teens, with race time temperatures in the low 20s.

Glidewax: Apply LF Moly, scrape and brush. Then apply HF Red/HF Moly mixed 1:1, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: A Universal Structure will best suit these conditions.

**Racing - Service**

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.