

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Marquette General Health Noquemanon Marathon

Ishpeming to Marquette, MI

Saturday, January 24

51K Classic, 9 A.M., Mass Start

51K Skate, 9:55 A.M., 10 minute waves

25K Classic, 11:45 A.M., 10 minute waves

25K Skate, 12:30 P.M., 10 minute waves

Forecast/Conditions: Expect machine worked yet soft track due to fresh snow in days leading up to race and overnight prior to the start. Overnight low expected near zero F rising to 5 F at the last wave. Some glazing of the lake-effect snow is likely due to the humidity caused by the proximity to Lake Superior.

Glidewax: Apply LF Blue/LF Moly mixed 1:1, scrape and brush, then apply HF Blue, sprinkle on Nordlite Powder X-cold, iron in together, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper. Iron in Carbon BaseWax Green, cork smooth, let cool. Long Course: Apply 1-2 layers of Carbon GripWax White and cork smooth. Then apply 2-3 layers of Carbon Mint and cork smooth. Short Course: Apply 2-3 layers of Carbon White and cork smooth.

Structure: A very fine linear structure will best suit these conditions. No additional structure should be added by hand.

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

**Racing - Service**