

WAX RECOMMENDATION



REI Frosty Freestyle

Huron Meadows Metropark, Brighton, MI

Saturday, January 14

10:30 A.M.

15K/5K Skate and Classic

Course TBD. Depends on how much new snow falls

<http://www.nordicskiracer.com/frosty/>

Forecast/Conditions: We expect fresh packed snow over man-made snow. Friday evening temperature is expected to dip into the high teens from the low 30s, with race time temperature around 20. Expect mostly cloudy skies.

Glidewax: Apply LF Moly, scrape and brush, then apply a mix of HF Blue/HF Moly, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: (If needed) Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply layers of Nordic GripWax Red, corking between layers. If more speed is needed, finish with a layer of Nordic GripWax Blue.

Structure: A universal grind covered by one pass with the Blue Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.