

WAX RECOMMENDATION



RMN Junior National Qualifier

Crested Butte Nordic Center, Crested Butte, CO

Saturday, December 17

9 A.M JNQ; 11:30 A.M. Citizens 10K Skate

1K/6K Skate

Individual start on a 6K course

<http://www.rmnnordic.org/?p=532>

Forecast/Conditions: Crested Butte received 4-6 inches of snow leading up to the race. That combined with the efforts of many volunteers should produce decent track conditions. The forecast for the is calling for typical clear cold nights with rapid warming during the day. Snow will remain cold/dry due to the northern exposure and short days. Friday night low near zero F.

Glidewax: Early starters apply LF Moly/LF Blue mixed 1:1, later starts can go with LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Citizen racers may consider using HF Blue/HF Red mixed 1:1.

Structure: A fine linear grind covered by one pass with the Blue Structurite tool will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.