

WAX RECOMMENDATION



RMN Junior National Qualifier

Crested Butte Nordic Center, Crested Butte, CO

Sunday, December 18

9 A.M.

1K/6K Classic

Individual start on a 6K course

<http://www.rmnnordic.org/?p=532>

Forecast/Conditions: Overnight low in the single digits.

Expect cold dry Colorado snow. There is a chance of glazing, but not to the point where it will effect wax selection.

Glidewax: Apply LF Moly/Blue mixed 1:1, scrape and brush, then apply HF Blue, scrape and brush. Later starters may go with LF Moly as a base layer.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 layers of Carbon GripWax Mint, corking between layers. Later starters go with Nordic GripWax Blue and cover with a thin layer of Mint to improve speed.

Structure: A fine linear grind covered by one pass with the Blue Structurite tool will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.