

WAX RECOMMENDATION

TOKO[®]

National Ranking List

Steamboat Ski Touring Center, Steamboat Springs, CO

Note: This event was moved from Breckenridge

Saturday, December 3

10 A.M.

5K Skate

Individual start on a 5K course

<http://www.rm nordic.org/?p=495>

Forecast/Conditions: Overnight low of 14 with 40 percent chance of snow. Expect colder than forecasted conditions since the course makes use of Fish Creek and the track on the far side of the road crossing which is mostly in the shade.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Structure: A fine linear grind covered by one pass with the Blue Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.