

WAX RECOMMENDATION **TOKO**[®]

North Routt Coureur des Bois

Near Steamboat Springs, CO

Saturday, March 14

8 A.M., 90K; 8:30 A.M., 45K

Skate or Classic

Forecast/Conditions: Friday high of 38, partly cloudy with 20 percent chance of snow. Friday night, partly cloudy low 10 to 20. Race day mostly sunny, high near 40. Expect fresh, slightly wet snow.

Glidewax: Apply LF Blue/ LF Moly mixed 1:1, scrape and brush, then apply HF Blue, scrape and brush. Skiers in the 90K should go with 2 layers each of the above sequence for durability (i.e., 2 layers LF Blue/LF Moly then 2 layers of HF Blue). Finish by rotocorking in a layer of JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Sand kickzone with 150 grit sandpaper, iron in a moderately thick layer of Carbon BaseWax Green, cork smooth, let cool. Apply 2 to 4 layers of Carbon Viola. 90K skiers should carry some warmer gripwax.

Structure: Fine to Medium Stonegrind will work best in these conditions.

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes available, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in.

Racing - Service