

WAX RECOMMENDATION



ASD High School Skiathlon

Kincaid Park, Anchorage, AK

Saturday, January 28

11 A.M.

5K Classic/5K Skate AB Teams, 5K Skate C D and Open Mass Start

One lap classic loop followed by one lap skate loop

www.anchoragenordicski.com/Racing/HighSchools/raceinfo.htm

Forecast/Conditions: Friday night mostly cloudy, low zero F to ten below zero F. The course will be in excellent condition though the snow will be abrasive and dry. Saturday the high will be 5F to 15F.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 thin layers of Nordic GripWax Blue, corking between layers.

Structure: A fine linear structure covered by one pass with the Blue Structurite tool (before JetStream application) will best suit these conditions.

Racing - Service

Check the WaxTip page at www.TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to www.TokoVideos.com.