

# WAX RECOMMENDATION



## ASD Chugiak Stampede

Chugiak High School, Chugiak, AK

Saturday, January 14

11 A.M.

Boys 10.4K, Girls 7.5K Classic

Interval Start

One loop

[www.anchoragenordicski.com/Racing/HighSchools/raceinfo.htm](http://www.anchoragenordicski.com/Racing/HighSchools/raceinfo.htm)

**Forecast/Conditions:** Friday night mostly clear, low 5F below to 15F below. Saturday sunny with high zero F to 10 above There may be a lot of new snow that fell on Thursday so the tracks should be excellent.

**Glidewax:** Apply LF Moly, scrape and brush, then apply HF Blue, scrape and brush. Finish by rotocorking JetStream Blue, brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 thin layers of Nordic GripWax Blue, corking between layers.

**Structure:** A fine linear grind covered by one pass with the Blue Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).