

# WAX RECOMMENDATION



## AMH Anchorage Cup Sprint Relay

Kincaid Park, Anchorage, AK

Sunday, December 4

Noon Women, 12:20 P.M. Coed, 12:40 P.M. Men

Skate

Mass starts

Each skier skis the 1K loop twice

[www.anchoragenordicski.com/Racing/AnchorageCup/sprintInformation.htm](http://www.anchoragenordicski.com/Racing/AnchorageCup/sprintInformation.htm)

Forecast/Conditions: Saturday night periods of rain, low in the 30s. Sunday snow and rain, high in the 30s. Expect transformed, wet snow.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Yellow, scrape and brush. Finish by rotocorking JetStream Yellow, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: N/A

Structure: A wet grind covered by one pass with the Yellow Structurite tool before JetStream application will best suit these conditions.

Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).