

# WAX RECOMMENDATION



## AMH Anchorage Cup Beach Lake Freestyle Flyer

Chugiak High School, Chugiak, AK

Sunday, December 11

Noon

15K, 7.5K, 2.5K Skate

Wave start

One or two laps of 7.5K loop

<http://www.anchoragenordicski.com/Racing/AnchorageCup/index.htm>

**Forecast/Conditions:** Probable new snow mixed with machined old snow. Saturday night mostly cloudy with a chance of snow. High 25 to 35. Sunday snow likely, high 25 to 35.

**Glidewax:** Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

**Gripwax:** N/A

**Structure:** A universal grind covered by one pass with the Red Structurite tool before JetStream application will best suit these conditions.

**Racing - Service**

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).