

# WAX RECOMMENDATION

# TOKO<sup>®</sup>

## Besh Cup # 2 Junior National Qualifier

Chugiak High School, Chugiak, AK

Sunday, December 18

11 A.M.

Classic technique distance based on category

Interval start format

One lap

[www.crosscountryalaska.org/site/categoryblog/235-bc-1-a-2-info](http://www.crosscountryalaska.org/site/categoryblog/235-bc-1-a-2-info)

Forecast/Conditions: Saturday night mostly cloudy with chance of snow. Low 15 to 25. Sunday high in the 30s. The course should be in good condition due to snowfall a week before.

Glidewax: Apply LF Moly, scrape and brush, then apply HF Red, scrape and brush. Finish by rotocorking JetStream Red, brush with a dedicated nylon polishing brush and polish with a thermopad.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Blue, corking between layers. If skis are slipping cover with two thin layers Nordic GripWax Red and cork smooth each layer. Check at the TOKO tent for updated test results.

Structure: A universal grind covered by one pass with the Red Structurite tool before JetStream application will best suit these conditions.

# Racing - Service

Check the WaxTip page at [www.TokoUS.com](http://www.TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream) and substitute the LF or System 3 wax of the same color (Yellow, Red or Blue). For those who do not have a rotocork for applying JetStream, the next best thing is to iron it in. To see optimal application procedures for both Glidewax and Gripwax, go to [www.TokoVideos.com](http://www.TokoVideos.com).